

Movers and Makers

Three Year Olds, Four Year Olds
and Kindergarten
Fall 2019

Program Description

Our new Movers and Makers program is available for students in the Three Year Old, Four Year Old and Kindergarten programs. This program will incorporate daily afternoon enrichment classes, combined with other afternoon choices including playground, library and other special activities. Daily cost for classes is \$165 from 2:30-4:30 p.m. Hourly fee from 4:30-6:00 p.m. is \$12 per hour.

Daily Schedule

2:30-2:45 p.m. Pick-up from classrooms/snack
2:45-3:30-p.m Enrichment class time
3:30-4:15 p.m. Playground time/Exploration
4:15-4:30 p.m. Transition time/ Dismissal
4:30-6:00 p.m.- Open classroom time including library and specialized activities

Monday

Jr. Sports

Sky Hawk Sports

The EMS All Stars is a multi-sport class that will teach your child the basic of sports in a fun and non-competitive setting. Weekly sports will include basketball, kickball, floor hockey, soccer and more. Good sportsmanship and cooperation will be emphasized

Storytime Art

EMS Staff

Do you love stories? Come explore stories through the world of art. Each week students will read a favorite story and then create an art project to go along with the story.

Tuesday

Krav Maga Self Defense

SWAN Kids Instructor

Krav Maga is the one of the world's best and most complete self-defense methods. This fun and practical method teaches simple techniques to stay safe while sharpening reflexes and fine tuning motor skills. Benefits also include understanding of human body mechanics, improved focus and greater independence and assertiveness.

It's Natural

EMS Staff

Explore the beautiful world outside the classroom door. Discover what's growing in the EMS garden, who lives in the woods and what is happening outside during the different seasons of the year.

Kindergarten Chess

International Chess Academy

This class is designed for beginning chess players. A professional chess instructor will guide students as they learn basic strategies and tactics. Time will be spent each week in team play so that players will be able to practice their new skills and exchange ideas and strategies with each other. No previous chess experience is required.



The Elisabeth Morrow School

435 Lydecker Street • Englewood, NJ 0763

www.elisabethmorrow.org

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Wednesday

Kids Yoga

SWAN Kids Instructor

Yoga can be thought of as the best long term investment a child can make. Yoga brings flexibility to the mind as well as the body. This yoga class will be engaging and fun, proving a format for challenging the body while resting the mind.

Messy Art

EMS Staff

Love to imagine? Create? Explore? And just get messy? Here's your chance to have fun while exploring different styles, mediums, and tools to create unique works of art. Don't forget your smock because we are sure to get messy!

Thursday

Mad Science-Kindergarten Only

SWAN Kids Instructor

Learn the science of slime, build a flying rocket, put an egg in a bottle or turn it into a bouncy ball. In this class students will be experimenting with the weird and wacky side of science. Be prepared to thrill your mind, challenge your beliefs, and have a lot of fun!

Silly Snacks and Songs

EMS Staff

Come learn to make yummy, fun snacks to share with your afterschool friends! Have fun cooking up delicious treats and of course, don't forget the best part...eating them all up! Yummy!

Friday

Fitness PK

SWAN Kids Instructor

Join us for an incredible fitness and play therapy program for ages 3-5. The goal is to use fun, innovative exercises that will help children become more "fit". We combine gymnastics, yoga, athletics and other movement training that target improving self-awareness, self-confidence, balance, flexibility, coordination and core strength.

Build It!

EMS Staff

Dream it! Think It! Build it! Using a variety of interesting and creative building materials students will have fun creating different types of buildings each week while challenging themselves to build it higher, wider, faster and much more!



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